

# BERESFORD HIGH SCHOOL ANNOUNCEMENTS

Wednesday, November 15, 2017

**Lunch This Week:** Each entrée is served with hot vegetable, fruit & veggie bar and milk.

Wed., 11/15: Nachos grande & rice, meatballs with gravy & rice, or Italian sub; green beans  
Thur., 11/16: Turkey or chicken nuggets, mashed potatoes & gravy, dinner roll, corn, ice cream  
Fri., 11/17: Grilled cheese sandwich, chicken wrap, or turkey & cheese sub; tomato soup  
Mon., 11/20: Pulled pork sandwich, crispy chicken sandwich, or ham & cheese sub; corn  
Tues., 11/21: Cheesy eggs with French toast sticks or Italian sub; tater tots  
Wed., 11/22: Goulash, mini corn dogs, or cold-cut sub; peas  
Thur., 11/23: NO SCHOOL – Thanksgiving Day  
Fri., 11/24: NO SCHOOL – Thanksgiving Break

Vegetarian options: Mon., Tues. & Wed. – vegetarian salad with egg and cheese  
Thursday – cottage cheese  
Friday – yogurt & string cheese

**Breakfast:** Each entrée is served with cereal & toast, juice or fruit, and milk.

Thur., 11/16: Sausage & cheese biscuit  
Fri., 11/17: Glazed donut  
Mon., 11/20: Breakfast pizza  
Tues., 11/21: Dutch waffle  
Wed., 11/22: Breakfast boat  
Thurs., 11/23: NO SCHOOL  
Fri., 11/24: NO SCHOOL

<u>Calendar</u>	<u>Event</u>	<u>Time</u>	<u>Location</u>	<u>Dismiss Time</u>	<u>Leave Time</u>
Wed., Nov. 15	HOSA Meeting	12:09 PM	Library		
Thur., Nov. 16	State VB		Rapid City,		
Fri., Nov. 17	State VB		Rapid City		
Sat., Nov. 18	State VB		Rapid City		
Sun., Nov. 19	No Open Gym				

**Open Gym:** Due to lack of staffing, there will be no PRCE community open gym this Sunday, November 19.

**HOSA Meeting:** Today (Nov. 15) over lunch, there will be a HOSA meeting in the library. This meeting is solely an interest meeting, so if you have even a sliver of interest, please attend. HOSA is led under Ms. Miller and Mrs. Pratt. If you have any questions prior to the meeting, you may contact them. HOSA is an organization for students of many interests. A misconception that many people hold of HOSA would be that it is only for students interested in careers in the medical field; however, students who are interested in debate, math, or forensic science can participate in HOSA as well. HOSA can help a person develop their leadership and communication skills. There is a wide range of HOSA events to participate in as well, so anyone is sure to find something they would like to compete in.

**Wrestling Apparel:** To order wrestling apparel, please click on the link: <https://bahwrestling17.itemorder.com>  
The link will close on Friday, November 17.

**Meals on Wheels** is a program in our community that delivers meals to elderly residents who have signed up to receive them. Volunteers from area churches and organizations come to the school and pick up two middle or high school students each weekday to help with delivery around 11:10. It usually takes between 40-60 minutes to deliver

the meals. If you are interested and available to help with Meals on Wheels this year, please stop by the office to pick up a form. This is a great opportunity for service so please consider helping!

**Beresford High School Web Page:** Be sure to check our web page periodically for important dates, information about upcoming events, and other information pertinent to your high school career!

**Cell Phone Reminder:** Cell phones are not allowed in the classrooms or library (e.g. this includes listening to music). They need to be “out of sight and out of mind” during the day. If you are an individual that must have “tunes” during the day - run them through the iPad (as allowed by your teachers). Cell phones may be used in the hallways (e.g. between classes) and during lunch.

### **Guidance Office Information**

**BigSun Scholarship:** The BigSun Organization is proud to be able to continue to help young athletes succeed in their academic pursuits. We are offering an annual scholarship to a deserving student. All student athletes are eligible for this award, regardless of which sport they are participating in.

- Deadline: June 19, 2018
- Amount of Award: \$500
- The successful applicant will be a high school senior or be attending a post-secondary institute and currently involved in some sport at that institution or in the community
- Please visit their website at <http://www.bigsunathletics.com> to learn how to apply

### **American Red Cross High School Leadership Program**

- Level 1 - Give 3 blood donations - Receive Red Cross Red Cord
- Level 2 - Give 3 blood donations - Receive Red Cross Red Cord and a chance to win a \$5000 Scholarship
- Level 3 - Give 3 blood donations, 8 hrs. of Red Cross service, and 5 blood donation referrals receive: Red Cross Red Cord, a recommendation letter for a red cross executive, and a chance to win a \$5000 scholarship

### **American Red Cross High School Scholarship Program**

- Coordinate a Red Cross blood drive between June 1 and June 30
- The more pints of blood you collect, the more scholarship money you are eligible to receive
- Go to [redcrossblood.org](http://redcrossblood.org)